

# Bericht an den Transition Netzwerk e.V.

---

## Beitrag zum Jahresbericht 2017/2018

Gesa Maschkowski, Bonn im Wandel e.V., Transition Trainerin

### Warum dieser Bericht?

Mitglieder von Bonn im Wandel arbeiten nicht nur regional, sondern auch überregional, mit Akteur\_innen des internationalen TT- Netzwerks zusammen, letztes Jahr auch als Vertretung für das deutsche Netzwerk. Mit diesem Bericht wollen wir die Informationen wieder ins Zentrum fließen lassen. Hier findet ihr

- News aus dem internationalen Transition Network
- Leitfäden und Dokumente für die deutsche Bewegung
- Aktivitäten zur Weiterentwicklung der Transition Trainings
- Herausforderungen und Fragen
- Bericht über das internationalen Hub Treffens in Italien mit interessanten Einblicken und Erfahrungen von anderen Transition Hubs.

**Hier findet ihr nicht:** Den Bonn im Wandel Jahresbericht. Der ist hier:

<https://bonnimwandel.de/uber-uns/>



Zeichnung: Sara Serrao, Transition Portugal

Supporting each other in the park | Santorso 2017

## Zusammenarbeit mit dem internationalen TN

---

- **Mai 2017:** Die Transition Ländervertreter\_innen verabschieden auf dem Internationalen Transition Hub Treffen ihre soziokratische Selbstverfassung (Transition Management Handbook). Die Verfassung wurde entwickelt von Belgien, UK, Schweden und Kroatien. Gesa war als deutsch Delegierte entsandt. Immer mehr nationale Transition Netzwerke aber auch das deutsche Permakulturinstitut e.V. organisieren sich mit Hilfe von Berater\*innen nach soziokratischen Prinzipien. Die Briten arbeiten z.B. mit der Université de Nours. In Deutschland gibt es inzwischen auch ein Soziokratienetzwerk. Eine große Stärke ist die Transparenz der Entscheidungen und Aufgaben.
- **Juli/August 2017:** Der **Bericht** des internationalen Transition Treffens ist fertig (siehe Anlage) (Mitarbeit Gesa)
- **Nov 2017: COP23** Das Bonn im Wandel Redaktionsteam berichtet von der Weltklimakonferenz COP23 auf deutsch über [www.bonnimwandel.de](http://www.bonnimwandel.de) und auf Englisch für transitionnetwork <https://transitionnetwork.org/?s=bonn> (Christiane Kliemann, Gesa)
- **Übersetzung des Transition Health Check** (Christiane Kliemann, Bonn im Wandel)
- **Februar – Juni 2018:** Transition Trainer aus Portugal, England, USA und Deutschland (Gesa) erarbeiten die Aufgaben für eine internationale **Koordinationsstelle für Transition Trainings**. Den Prozess hat Sarah MC Adam von Transition Network moderiert. Die Beschreibung der Aufgaben findet ihr hier: - <https://goo.gl/fU8ZEq> Es wird künftig 1-2 Koordinator\_innen geben, die das „Train the Trainer“ durchführen und Entwicklungen in neuen Trainings aufgreifen. Ein ehrenamtliches Team aus Mentor\_innen wird die Koordinator\_innen unterstützen. Die Stellen werden demnächst in einem offenen Wahlverfahren besetzt.



## Leitfäden und Dokumente für die deutsche Transition Bewegung

---

- **Mai 2017: Transition Charta:** Pünktlich zum Transition Labor sind die Erläuterungen zur Transition Charta 1.2 fertig geworden. Diese Fassung geht ein auf Fragen, die während der öffentlichen Kommentierung durch Transitioner aufgekommen sind (Gesa). <https://www.transition-initiativen.org/unsere-philosophie-transition-charta>
- **Mai 2017: Transition Labor:** Damit alle Anwesenden gut miteinander arbeiten können wurde ein neues Format entwickelt und auch eingesetzt. Es verbindet die Stärken des Openspace und des Dragon Dreaming (Gesa, Silvia, Steffi und Karin).
- **Transition Initiativen.de** Überarbeitung der Unterseite „Gruppen/Transition Leitfaden“
- **Transition Forschung:** Blogbeitrag „Regionale Wertschöpfung lässt sich berechnen.“ <https://www.transition-initiativen.de/comment/198988#comment-198988>. Der Forschungsblog wurde eingestellt, weil die Seite nicht auffindbar ist und die Benachrichtigungsfunktion nicht funktioniert, schade, die Forschungsgruppe hatte mit am meisten Mitglieder von allen (Gesa)
- **Leitfaden zur „Entscheidungsfindung in Gruppen“** Übersetzung, Erweiterung, des britischen Leitfadens. Veröffentlichung auf Transition-Initiativen.de (Gesa)
- **Sep- Okt 2018: Leitfaden der Transition Initiativen:** Sprachliche und inhaltliche Bearbeitung (Gesa und Markus Kampmeier) der Übersetzung von Sebastian Papst(TT Wesel im Wandel)  
<https://www.transition-initiativen.de/transition-gruendungs-leitfaden>





## Transition Trainings –Aktivitäten und Meilensteine

- **Mai 2017:** Inner Transition Koordinatorin Claire Milne, Madelane Rust D'Eye und Wildnispädagoge Peter Cow, führen in Italien ein neues Inner Transition Training durch. Es verbindet Psychologie des Wandels, Focussing, Wildnispädagogik und Theater of the Opressed (Gesa konnte teilnehmen).
- **Sept 2017:** Entwicklung eines **Workshopformat für gesunde, starke Gruppen**. Schnupperworkshops dazu u.a. auf der Netzwerkkonferenz in Essen 2017 (Gesa)
- **April 2018:** Gesa und Daniela Baum von Bonn im Wandel haben das Glück über Ecodharma an zwei Seminaren teilnehmen zu können „**Theater of the Opressed**“ und „**Creative Tools for social Change**“ in Spanien. Aufbereitung steht noch aus, Treffen Januar 2019. Danke an Silvia für die Beantragung und Farid für die Abrechnung.
- **März 2018:** Der Bonn im Wandel-Antrag zur Finanzierung eines **Transition Trainings als entwicklungspolitische Bildungsmaßnahme** wird von Engagement Global bewilligt. Fördersumme ca 1800 Euro (Gesa).
- März 2018 und April 2018: **Organisation und Durchführung von zwei Transition Trainings**, in Bonn (mit Simon, Ingo) und in Daun (Sirin und Gesa)  
<https://bonnimwandel.de/event/das-transition-training-stadt-wandel-von-unten/>
- **April 2018:** Weiterentwicklung des deutschen **Transition-Trainingsreader** (Gesa mit Beiträgen von Ingo und Simon)
- **Juli 2018 Soziokratie Training** für Bonn im Wandel e.V. und SoLaWi-Rhein-Sieg e.V. Kontinuierliche Erprobung und Umsetzung bei Bonn im Wandel e. V. und in der SoLawi sowie weiteren Initiativen (Gesa).



Transition Training in Bonn



---

# Bericht vom International Transition HUBs Gathering 2017

---



Villa Rossi | Santorso 2017



**Drawings** by Sara Serrao, Transition Portugal

**Pictures** by Gesa Maschkowski, Irena Borovina, Isabelle Menendez,

**Edited** by Filipa Pimentel, Sarah McAdam, Transition Network

## Introduction

The meeting was organised by Santorso in Transition in the village of Santorso (Italie). Before the gathering it was possible to attend an Inner workshop from Sunday 21st of May to Tuesday 23rd of May. We, Sylvie and Jean-Paul, representative of the Transition Paris IDF HUB, did not attend this workshop but arrived with a night train from Paris to Venezia in the morning of Wednesday. We spent about 1 hour in Venezia for a cappuccino in front of the Grand Canal and took the train back to Vicenza then Schio near the village of Santorso.

The HUBs gathering started Wednesday, 24th of May at 14.00 and ended Saturday, 27th of May but all HUBsters were welcomed to attend the Sunday, 28 May local public event.

The decision of the Transition Paris IDF HUB to have representatives attending the Gathering took time so only 1 accommodation was available for Sylvie in the near village of Malo and Jean-Paul rented an apartment in Schio. Jean-Paul came with a 16 inch wheels foldable bicycle allowing him to go each day to Santorso at about 4 km. Sylvie was in Maro, 10 km from Santorso, with about 10 other HUBster.

## Sensation & Reflektion

The gathering was very "Sensation" oriented which is about the first time that a HUB gathering does it.

The planning was organized in such a way that we had an alternative of "Sensation" and "Reflection".

The timetable displays blue spaces and green spaces. Blue spaces are dedicated to take care of our culture and bodies. Green spaces are dedicated to proposals, decisions and projects.

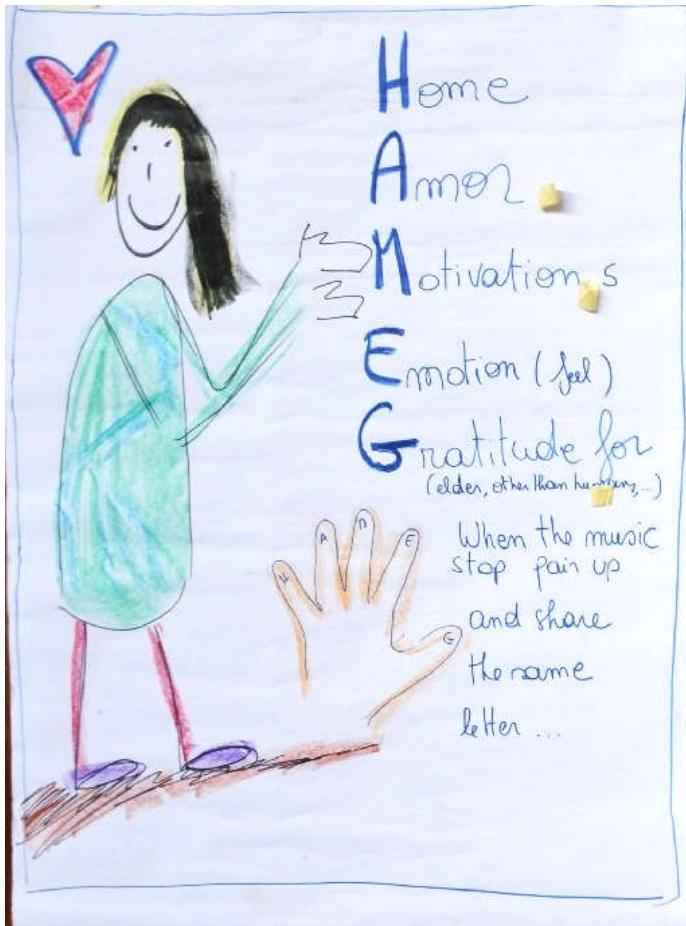
The facilitation was handled in English by [Julien Didier](#) member of [Université du Nous](#), trainer & facilitator and [Noémie Cheval](#) facilitator and transition trainer trained in human permaculture by Looby Mac Namara and trained on governance by Université du Nous. They spent a lot of energy and passion to manage our group of about 50 people.



Thank You!

## Wednesday 24th

We grouped us randomly 5 by 5 people in what is called a "Harvest Groups". Our groups with same people are meeting at the beginning of the morning and at the end in the afternoon to present. (We have suggested, at the end of the Gathering, that it would make sense to change of people each morning but keep the same people in the morning).



The first Harvest Group we did was the occasion to tell to the other members of the group: who we are, where do we come from and what we are waiting for. The other days the Harvest Group was the place to say how we feel in the morning and in the afternoon.

We did also a lot of circles, I would say that we become the king of the circles. A nice circle of about 50 people. In the first day each person tell just his first name and 1 or 2 words on what he is waiting for with during this gathering.

We had another chance to better know each other. We had a one to one meeting to answer to one of 5 possible questions limited to words : **Home, Amor, Motivation, Emotion, Gratitude**. Then we have seen another person and do the same. It is a good way to connect to other people.

We did also the wonderful puppet exercise in the Villa court. One person

play the role of the puppet that let 2 other person move his body.

After knowing each other a little bit more because we are many new members in this group, we do the circle for a history of the movement time. The purpose is to better understand and feel the context of our gathering. The history was not told by a single person, which would be very heavy, but it is launched by a person from the very beginning then each person remind progressively the history of the movement. Each person talk then say "and then". This was a very good practice of telling a story as we want all people to tell the story of the life they live in the Transition and the story they want to be part of in the future.

## Framing of the Gathering

The gathering was framed by 5 principles

- The Permaculture principle: The problem is the solution



- Let your body express yourself
- Host the space that enable important things to be said
- We invite you to distinguish between things you can change and things you cannot change
- Support the culture of care



### Safety agreements:

Safety agreements were presented, discussed in pairs and adopted.

See picture on the right. And don't forget:

**“What we are doing is very important but not serious...”**

### Thursday 25th

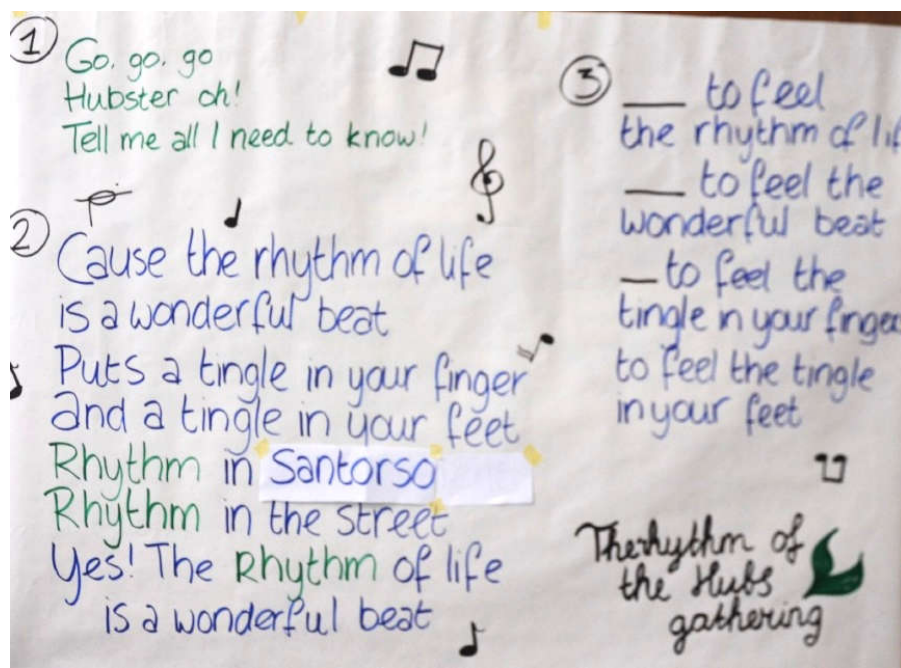
We sang together a song for Hubsters in this nicely lightened chapel. We were barefoot on this flat soil. Thank you to Lynn from the Netherlands and all people who contributed games, songs, music, ...

### Morning Exercise

We then moved in the room in any direction. Slowly then more and more quickly. Then slowly from speed 5 to speed 1. We walked then and stopped, walked and stopped again. We had to look in front of us and

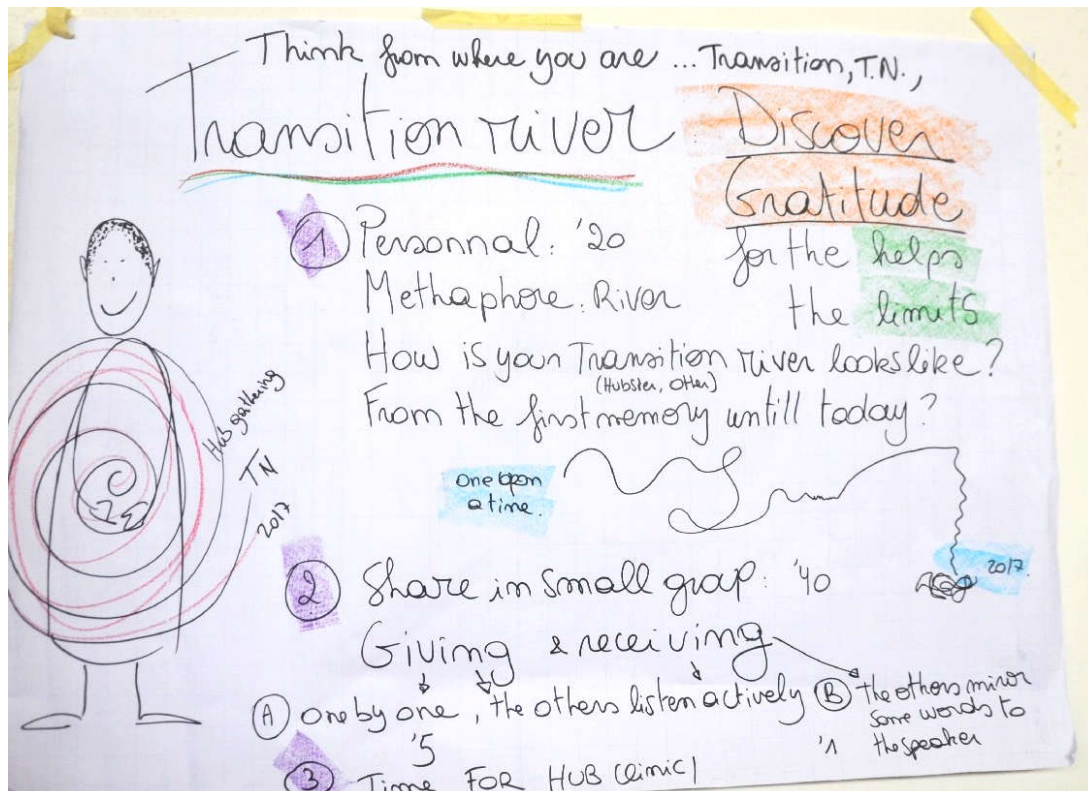
people when we

(soft really felt with each people is a exercise, from felt



not to the really like do meditation focus). We the group of the there. This wonderful it comes Theater. We connected.

## The Transition River

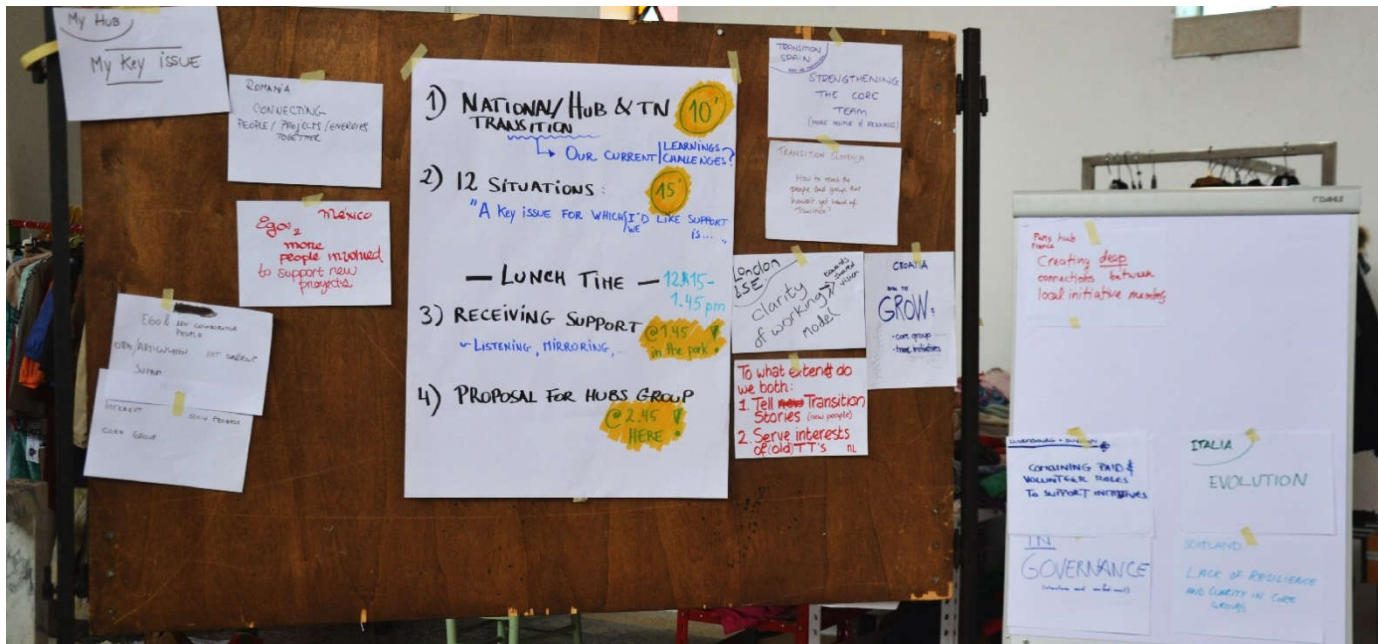


Then we did during 20 minutes the Transition river exercise : each person draws a river to illustrate his/her involvement with Transition (for about 15 mn), then each person of the group shows the drawing and tells the story of the river he followed from begin he entered in Transition up to today. The listeners mirror back the main points they have captured. In my group I had Narresh, one of the first person launching the Transition Network and the river he drawn was very very long but he just talked about few important points for him.

## Hubs Clinic - Coaching Circle

The Hubs clinic resulted in several issues people are dealing with

- Connecting people, projects and energies (Romania)
- Dealing with Egos and not collaborative people and??
- how to involve more people (Mexico)
- To what extend can we both: Tell Transition stories for new people and serve the interest of the old? (Netherlands)
- Clarity of working model towards a shared vision (London South East)
- How to grow core group and initiatives (cCroatia)
- Creating deep connections between local initiative members (Paris)
- Combining paid and volunteer roles to support initiatives (Luxembourg)
- Evolution (Italia)
- Lack of resilience and clarity in core groups (Scotland)
- TN Governance





## Results of Jean-Pauls Coaching Circle

After a pause we grouped per HUB to exchange our feelings. We should more do Inner transition like the puppet or walking together. The challenge is to help doing in our HUB and in local initiatives these nourishing deep exchanges on our feelings. This would help finding more volunteers. **This deep connection between members of initiatives is the best of Transition.**

- During one of the exchange we had in small groups, I noticed the wiser behavior of Yoav from Israel. When a person asked a question he asked her back why do you ask this question or what do you mean. This allows the requester to be more focused on the real question he asked.
- **Creating deep connections** between local initiative members is one lesson of the Gathering.
- A HUBster from Romania explained how we could have more support. **We just can ask to people but don't ask for money, ask them just a piece of what they do with their hands or have.** Ask some bread to a baker to organize an event, he will give you some with pleasure.
- **Another pearl from Peter**, one of the co-founder of the Transition Network with Rob or Naresh: he insisted on the need to keep the right balance between the Heart, the Soul and the Hand. Cristiano also insisted on that. This is something we don't practice enough in our local initiatives, we talk about it but we don't do it enough for each of our members.
- **A good lesson we need also to practice:** to give a defined small tasks like translate something to our member instead of too much or not clear actions. Have them feeling to be part of a group. We need to take care of each other.
- In the same idea we need to celebrate together, we should do more **"Transition parties"** in our initiatives : just to drink together and connect and have fun. Maybe should we keep dates for that where we only do it, no organization and so one.



Supporting each other in the park | Santorso 2017



victoria polina polina . Jan 2017

## Thursday Afternoon: A proposal how to organize the Hubs

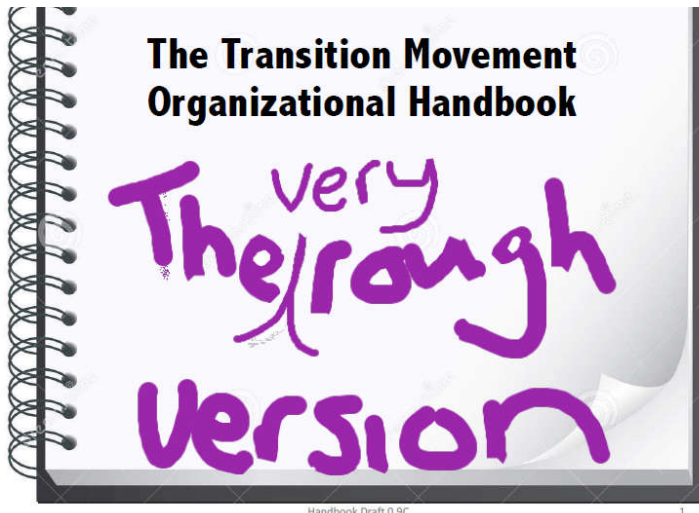
On important topic of the hubmeeting was to define and in fact validate **“The Transition Movement Organizational Handbook”**. This discussion started during the last 15 month ago HUB Gathering in 2015 May. The general discussion is called: **“How to have an effective and enjoying HUB”** and the more detailed proposal is : **“agreeing on a clear Governance”**.

A presentation has been displayed so we encourage you refer to it.

**“The purpose of the Hubs group is**  
 to connect Transition Hubs,  
 feel where the movement is,  
 share collective intelligence about where the movement is now  
 and where it needs to go next.  
 Share inspiration, ideas and practices  
 and support the worldwide movement to spread and evolve.”



A The draft document has been elaborated by Sarah Mc Adam, Filipa Pimentel, Josué Dusoulier, Nenad Maljkovic. Steven Hinton and?



Thank you very much for the work, love and inspiration you dedicated !

This proposal represents another idea of information flow between us. In an hierarchical organization everything is based on contract. The basic idea of our organizational patterns is not a hierarchy but a circle. The proposal contains structures and processes that keeps us save, allows us to achieve our goals and at the same time to play a funny game.

The Handbook comprises different levels of self organization

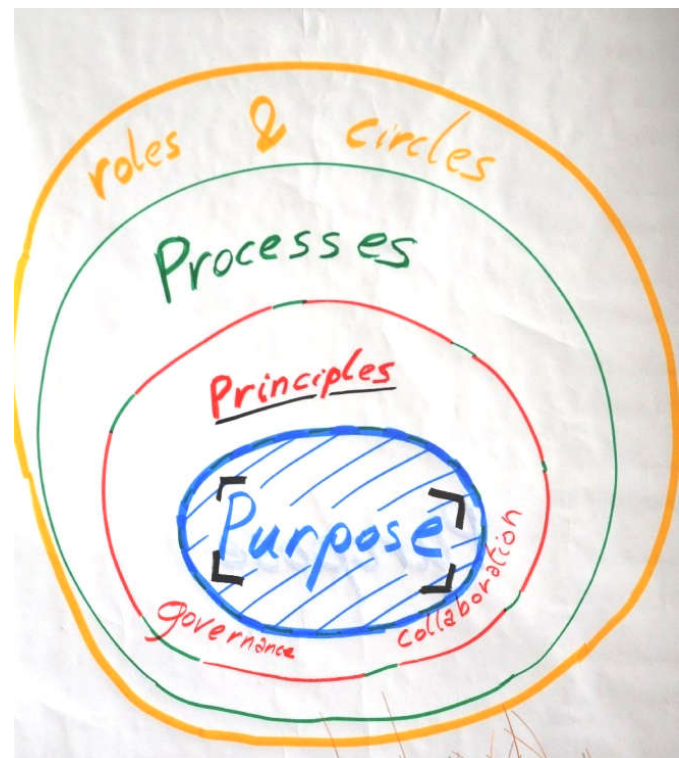
- the **purpose** of the movement,
- the **principles** .e.g. trust, consent, transparency, efficiency, diversity, wholeness..)
- **Processes**, e.g. safety agreements, onboarding and leaving, exclusion, decision making and advice process,
- **Roles & circles** such as keeper of the records or guardian of the circle.

We were invited to ask for clarifications in a first time then give our feedbacks on Friday.

We discussed it by consent management (based on the Sociocracy). This process is used to get the validation from the proposed governance.

It consists of the following steps :

- **Proposal** presentation,
- **Clarification** of questions (something you do not understand)
- **Feedback** (It gave me [Jean-Paul] a good example of the need to keep this feedback step : to express a problem in the proposal which is not a clarification or an objection but just a problem I see),
- **Objections** and **improvements**
- **Decision** Taking and **Celebration**.







mountains capabilities at the end. From the top, the landscape in the night was just beautiful with the lights in the valley

### Thursday evening a hiking in the mountain is organised by Giulio of Santorso in Transition

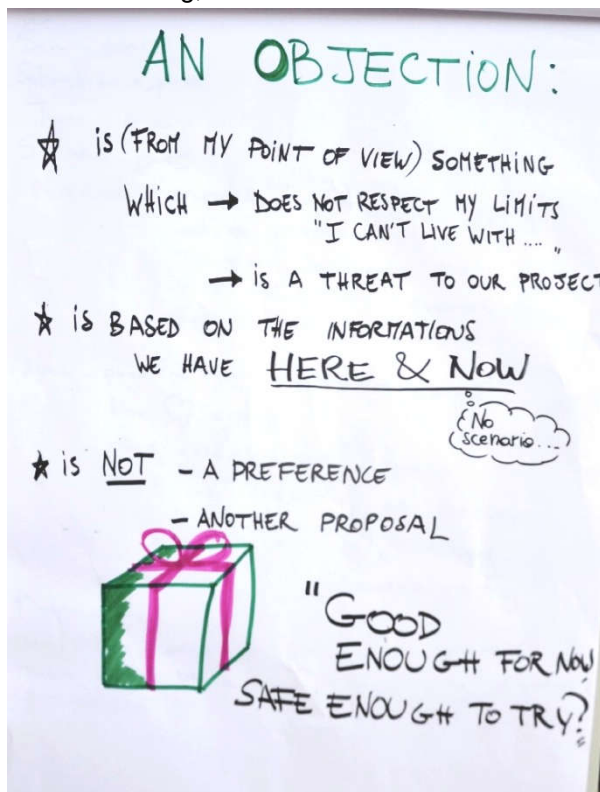
During this hiking I have a discussion with Josué (from Belgium HUB and very active in the Transition). For him the key elements to change things are : the Inner Transition, the Permaculture, the Governance.

The hiking was easy at the beginning but required

### Friday 26<sup>th</sup>

We started with singing, self massage and another wonderful walking exercise.

In the morning, we continued with the movement organization. We have experienced the Governance which includes the consent decision making. The document has been updated and now we could do objections.



If a person has an objection he or she needs to tell that. The facilitator can also define if the objection makes a sense: It has to be sure that it is related to the proposal and is a clear risk to our common project.

As usual the main oppositions are different proposals. This complicates the consent process. And it was the case in Santorso too.

- The main group proposed and validated that the Governance must use the sociocratic tools for main decisions.
- Another very minor group saw it as a complex for nothing process.

At the end the minor group could still live with that because the global proposal allows to create groups without any validation of the HUB and then share the results with everybody.

You'll find the entire discussion here in this document, provided by Katy Momo Fox

<https://docs.google.com/document/d/1khPjEAB9MLQZD2R2WprFz6OS0RqhhYrXaKBHPH1LrnE/edit>



**In the afternoon we did a reflection about “What can be seen and is not seen ?”**

Each of us was supposed to answer if he had something special and not already given to the group.

I [Jean-Paul] said that for the spirituality it is obviously the peace of god in each of us. Other HUBsters propose the following answers : the Transition movement is coherent like a sea but there are places where it is calm and others where the storm is present. We are a tree but also a forest. We are too small to be seen but we have responsibilities. We are seen with our privilege of whites but there is also a lot of suffering humans unseen that should be seen. We are in storms and we need technical tools to manage it but we need also to share our feelings to overwhelm the fire sometime.

The discussion about the proposal and in particular about the objections had several benefits:

- It deepened the understanding of the proposal and of some risks
- It deepened the understanding of what is an objection
- It included all voices
- It made clear that we have to put time and understanding in the election of the people for the heart group (the inner circle of hubs) and their role, purpose, scope,..

“We are not privileged to lose hope” (Joav)

**Some personal reflections**

Jean Paul: About the Governance : it is not easy in any place. It is a learning process. The big circle is not the right place to discuss some topics. We have to recognize that there is an issue and define a specific small group to clarify the objection. The proposal of member rotation of Paris HUB is good but it is important to keep some leadership to have people feeling that something is going on. So yes to change but hold the position sometime anyway and transmit the information / training. In addition don't change the 2 HUB representatives at the same time, alternate.

Reflections by others: By validating and agreeing on our self governance the international Hubs group is now able to collaborate in a non hierarchical way. This includes a shift of power: Transition Network is not in the center anymore it is part of process held by more than 50 people.

### Thank you to the “gardeners”

for this effort to create and cultivate the ground which enables a beautiful and diverse Transition-Movement to emerge and which now, hopefully, is able to collaborate and develop itself supporting the national Hubs which finally support the people on the ground. Thank you in particular to the founders and facilitators of the international network Ben Brangwyn, Filipa Pimentel and Sarah McAdam..

**Friday evening** we were invited to eat and celebrate with people from Santorso. Thank you for this unique opportunity of sharing joy and gratitude!



### Saturday 27<sup>th</sup>

We started the morning with virtual showers and an even more sophisticated exercise called “Lead and support”.

### Open Space Groups

Open Space resulted in several key groups such as

- Whats happening in your country (Sarah McAdam),
- Next Generation of Trainings (Naresh)
- Conscious Culture Group /Inner Transition (Claire)
- Transition in Municipalities (Ana Huertas).

### Transition with municipalities (attended by Jean-Paul).

Last year the TN asked for proposals to participate to a Danish foundation offer of project financing. The TwM (Transition with Municipalities) was chosen with a dotation of 400 000€. This will be used to



do a research on the Transition approach which is different from other organizations who apply for fundings because our organization is more open. The research will take 1 and half year but the project should continue after.

There are already Transitions Initiatives that are working with municipalities. The purpose is to select 3 pilots experiences with a part of the budget. The document sent to the fondation is in public domain so available. Link : ....

The core group is for now : Josué (Belgium), Juan (Spain), Christiano (Italy) and Ana (Spain) who is leading. The next step will be a meeting in Brussels. Some roles are emerging : Municipality lead, Communication lead, Process lead.

We need a researcher with his own funding. Gilles from Portugal has 1 PHD but more researchers can be part of the advantage.

The project is at his first step. Questions will be asked to Hubsters. It is possible to propose cases already identified.

The tool to exchange will be define in a near future.

On of the participant propose to organize a meeting with existing municipalities in transition (it was part of initial budget but not anymore) proposal : to ask these municipalities to fund themself this event.

One question : Municipalities say they are in transition but how do we identify that they are really in Transition ?

## Whats happening in your country?

Some people were disappointed that there was no room to share these experiences with the whole group of hubsters, Therefore, Sarah McAdam offered to publish the notes from this group an open document where people can share their views and experiences virtually.

**Share ideas between Hubsters:** Gesa from Germany is interested in "Transition Management" with Transition Arena gathering all people citizens and administration and companies. She gave us a good answer to the many researchers asking of information or support. Why not ask them in exchange from our interview to do something in or for the HUB ? Very good connection with Joe Duggan form South East London. Why not organize a skype between London and Paris ? Tania from Denmark has ideas on how to présent Transition to Children and also a book on the secret life of trees she likes.

This is the chart of the group working on the evolution of Trainings



### Final Exercise: Dreaming and Drawing



### Sunday 28th

The Christiano during a one to one discussion insisted on the need to adapt the message we deliver to the level of people. He also insisted on the need to mix Inner transition and external transition workshops for the same people at the same time. We could practice in more in our local initiatives.

## Steven from Sweden propose a very interesting workshop : The 5 P's of a local economy

In 90 minutes the aim was to create a functioning local economy.

There is a facebook page where we can type the feedback so that Steeve can have the information. The 5 P's are : **People** : we need people to do something, **Products** : it can be also services, **Place** : it can be physical or virtual, for today we live in Santorso, **Projects** (production) : projects to do things, **Payment system** : we need a market to exchange things.

In Practice people : write down on a piece of paper the number of volunteers hours per year they want to give to TRANSITION. 35h a week for 52 weeks gives a maximum of 1800 (no holiday or more than 35 h/week). After a simulation we get for instance 5246 volunteers hours of total from the 20 present people. This means that we have just created a company of 3 people fulltime !

**MONEY** : Each people receives a set of local money and add his name with the signature of one other male and one other female to validated that money.

**PRODUCTS** : each person write on a paper the product or service that he can provide. We estimate the price of the service taking into account the preparation, the trips, the additional service,... and get the real price.,

**PLACE** : we select Santorso and define the Assets of this town : the knowledge, Villa Rossi and park, Natural resources (water, sun) but also the Concerns like : Pollution, Cementification, missing Meeting points.

**PROJECTS** : We create groups of 5 people to brainstorm on a project good for the Transition of Santorso using the Assets and addressing the concerns.

**PROJECT ROLES** : Define on the 2nd half of the piece of paper the roles needed and the price in local money for each role.

**MARKET** : The market is the wall. Each people give their product and each project shows them what is the purpose and the needs of roles. All is on the wall so that people can participate and offer and provide.

## Christiano presentation of the 10 things to do to start a transition.

1. Understand what the hell is Transition.
2. What we think is the first thing to do : For some people it is the individual will and engagement in a group, for some it would be to study the context or to create a bio market. There is no perfect answer because it depends on the context.
3. What could we do by ourself ? We need to have a burning will to do that. How difficult is for us to know what we need to start. The point is that each time we want to connect the complexity of a system like the transition with the brain of the people it is very difficult. The best solution is to use a simplification like the Heart, Brain and Hand. Brain because if we don't use our brain to understand the world we can make disasters. So we need to understand the economy for instance. If I use my hands and energy without knowing things it is useless. We need to be connected with reality. Then there is the Heart and the Hands.
4. I express to others on the anxiety of the situation but also practical things we can do easily.
5. Let's take the energy problem why not produce at the local scale. **What can I do tomorrow ?** for instance change of electricity provider to have one providing renewable energy.
6. Normally as it is renewable we consume more energy. But the best to avoid it and without changing anything in our behavior is to save energy by just paying a bit attention to what we consume. It saves already 20% ! This underline the importance to measure our consumption. In Montebello it is possible to borrow a system to do the measure of his electricity.
7. Once we know what is useless to consume we start to stop to use it. For instance the isolation. Take care when you make some choice not to have a negative impact on an other topic.
8. Start always with small things.



# And this is the current End of this report.

---

This page is dedicated to the wonderful people of Santorso



